

CT HART CHEER 2020-2021 ALL STAR CHEERLEADING HANDBOOK



CT Hart Cheer Important Dates 2020-2021:

Team evaluations: July 10th-July 12th

Ages 11-17 Friday, July 10th 5:00pm-7:00pm

Ages 10-8 Saturday July 11th 2:00pm-4:00pm

Ages 4-7 Sunday July 12th :12:00pm-2:00pm

***You must register for a half hour time slot to attend**

Season Start Date:

FULL YEAR: July 19th, 2020-May 16th, 2021

HALF YEAR: November 16th, 2020-May 17th, 2021

TINY NOVICE: November 18th- April 29th, 2021

FULL YEAR Team Practice Dates and Times:

Full Year L3: Sunday 3:30PM-5:00PM AND Thursday 6:30PM-7:30PM

Full Year L2 Sunday 1:30PM-3:00PM AND Thursday 5:00PM-6:00PM

*During competition season practice can be extended by ½ hour.

FULL YEAR Team Tumbling class:

FULL YEAR L3: Tuesday or Friday 6:30pm-7:30pm *Pre Registration is required

FULL YEAR L2: Tuesday or Friday 5:00pm-6:00pm *Pre Registration is required

FULL YEAR Choreography DATES : We will have 2 choreography dates

Partner Stunts and Transitions

- LEVEL 3: August 22nd- *Time TBD, Evening
- LEVEL 2: August 23rd *Time TBD, Evening

Pyramid and Dance Choreography

- LEVEL 3: : September 8th and 10th
- LEVEL 2:: September 9th and 11th

HALF YEAR Team Practice Dates and Times:

Half Year A Monday 5:30PM-6:30PM AND Wednesday 6:30PM-7:30PM

Half Year B Monday 7:00PM-8:00PM AND Wednesday 7:00PM-8:00PM

*During competition season practice can be extended by ½ hour.

HALF YEAR Team Tumbling class:

HALF YEAR: Sunday 12:00pm-1:00pm

TINY NOVICE Team Practice Dates and Time

Tiny Novice Wednesday 4:00PM-5:00PM

TINY NOVICE Team Tumbling class:

Tiny Novice Tumbling: Friday 4:00pm-5:00pm

2020-2021 Team Tuition: Full Year, Half Year

Full Year Team \$130/month (July-May) * Legacy Members \$120/Month
Half Year Team \$110/month (December-May) * Legacy Members \$100/Month
Tiny Novice \$85/month (November-May) * Legacy Members \$75/Month

NOTE ABOUT TUITION:

- *Tuition includes 1 team tumbling class. Additional classes must be paid in FULL before attending*
- *Cross over fee: \$ 50 additional per month*
- *SIBLING DISCOUNT 50% OFF TUITION MEMBERSHIP FEES: 1st Child*
- *SIBLING DISCOUNT: 75% OFF TUITION MEMBERSHIP FEES : 2nd Child*

PROGRAM FEES 2020-20201

CHOREOGRAPHY CAMP/MUSIC

- Full Year Team: \$350 :Dates are above.
- Half Year Team: \$175 : Held in the first week of December 2020.
- Tiny Novice: \$75 :Held in the first week of December 2020.

PRACTICE PERFORMANCE GEAR

Practice performance gear is \$150 and required for FULL YEAR ONLY..

MAKE-UP KIT

\$50 Athletes from the 2019-2020 season do not need a makeup kit.

UNIFORM

- Full year new:\$350
- Half year new-\$275
- Tiny Novice- \$50

Uniforms are purchased by athletes individually. Contact us about the rental option available. Not guaranteed.

SOCKS & BOW

Full Year and Half Year \$50 Must be purchased by every athlete.

Tiny Novice: \$25 Must be purchased by every athlete.

COMPETITION FEES

- Full Year Team: \$450 (Estimated 5-6 competitions)
- Half Year Team: \$290 (Estimated 3 competitions)
- Tiny Novice Team: \$140 (Estimated 2 competitions)

*Note: These are estimates. Competition fees do not include admission into any exhibitions or performances, the above fee does not include US Finals or D2 Summit registration.

Coaches Fee:

- Full Year Team : \$150
- Half Year Team: \$75

USASF REGISTRATION

\$30 All Star athletes must register with USAF by July 31st, 2020. Please visit USASF.net to register. ** NOT INCLUDED IN PAYMENT SCHEDULE BELOW**

TRAVEL FEES

All families at CT Hart Cheer are responsible for their own travel costs. This includes any driving cost, airfare, and hotel stays. Please note that out of state competitions are 100% about competition. All family vacation plans or activities cannot be planned around competitions, no exceptions.

IMPORTANT: All Full Year teams are working towards heading to D2 Summit. D2 Summit is held in the first week in May in FL.

BOOSTER CLUB

CT Hart Cheer Booster Club is an amazing group that organizes gym-wide fundraisers to help offset costs. We

also encourage you to reach out to local businesses and organizations for sponsorship.

2020-2021 PAYMENT SCHEDULE

CT Hart Cheer 2020-2021 FULL YEAR Payment Schedule

	<u>JULY</u>	<u>AUG</u>	<u>SEP</u>	<u>OCT</u>	<u>NOV</u>
Tuition (Due 1st)	\$50	\$130	\$130	\$130	\$130
Additional Fees (Due 15th) <u>NO Uniform</u>	\$350*	\$120	\$120**	\$120	\$120
<u>WITH Uniform</u>	\$350*	\$175	\$175	\$175	\$175

	<u>DEC</u>	<u>JAN</u>	<u>FEB</u>	<u>MAR</u>	<u>APR</u>	<u>MAY</u>
Tuition (Due 1st)	\$130	\$130	\$130	\$130	\$130	\$65
Additional Fees (Due 15th) <u>NO Uniform</u>	\$120	\$120	\$120			
<u>WITH Uniform</u>	\$175	\$175	\$175			

CT Hart Cheer 2020-2021 HALF YEAR Payment Schedule

	<u>NOV</u>	<u>DEC</u>	<u>JAN</u>	<u>FEB</u>	<u>MAR</u>	<u>APRIL</u>	<u>MAY</u>
Tuition (Due 1st)	\$55	\$110	\$110	\$110	\$110	\$110	\$55
Additional Fees (15th) <u>NO Uniform</u>	\$145	\$145	\$145	\$145			
<u>WITH Uniform</u>	\$215	\$215	\$215	\$215			

CT HART CHEER 2020-2021 TINY NOVICE Payment Schedule

	<u>NOVEMBER</u>	<u>DECEMBER</u>	<u>JANUARY</u>	<u>FEBRUARY</u>	<u>MARCH</u>	<u>APRIL</u>
Tuition (Due 1st)	\$85	\$85	\$85	\$85	\$85	\$85
Additional Fees (15th)	\$66	\$66	\$66	\$66		

Financial Obligation Agreement

This obligation agreement touches on our specific policies that you will agree to for the 2020-2021 program season.

1. I Fully understand the financial obligation associated with being a member of CT Hart Cheer.
2. All team members (Full year, Half Year, and Tiny Novice) are required to have a credit card on file.
3. Monthly tuition and additional fees in the monthly payment plan are due the 1st and 15th week of the month respectively.
4. Tuition pays for practices and training your athlete. It does not pay for the right to perform or compete.
5. CT Hart Cheer will not prorate any fees based on family vacations.
6. Any declined credit card or debit payments and or returned check will result in a \$25 service charge. Please update the CT Hart Cheer staff in any changes to your payment method
7. All accounts are in good standing for 2020-2021 evaluations in order to participate,
8. CT Hart Cheer reserves the right to sit an athlete out of practice or to remove an athlete from their team at any time for failure to make payment without communication and working towards a resolution.
9. Failure to pay tuition/ fees will result in CT Hart Cheer holding uniform or gear until payments are made.
10. If an athlete chooses to leave or is asked to leave CT Hart Cheer at any time must understand that all fees paid including tuition, uniform, choreography, and gear are NON-Refundable. Please note this.
11. CT Hart Cheer reserved the right to send any delinquent accounts to a collection agency.
14. CT Hart Cheer will charge your card on file and apply a \$15 late fee for every Tuition payment received after the 10th of the month.
13. CT Hart Cheer will charge FULL tuition in the case that the gym cannot be opened due to a pandemic, state issued shut downs, and other extreme situations. All team members will have access to virtual practices and lessons in this case.

I have read and understand my financial obligation for the 2020-2021 season. I will refer back to this packet for information pertaining to my financial obligation and I agree to the terms of the 2020-2021 program.

Parent Signature: _____

Athlete Signature: _____

Date: _____

GENERAL RULES:

CT Hart Cheer shares space with Fit University Star LLC. No athletes and family members are allowed to touch equipment of Fit University Star LLC. Please be respectful of our resident fitness family.

1. Only registered athletes are allowed in the practice areas. Siblings, family members, friends, etc. are not allowed at practice at any time, or on the practice area at any time. Students who are waiting for their class to begin must sit on the bench in the waiting area.
2. No food, gum, or drinks allowed in the practice area at any time. There will be designated areas to eat during camp and clinics.
3. All trash must be disposed of in appropriate trash cans by our garage doors.
4. No cell phones are allowed at practices, performances, and games. In the instance of emergencies coaches/CT Hart Cheer staff will be equipped with a phone to receive calls and make calls.
5. All choreography and music is highly protected and should not be shared. Only CT Hart Cheer staff have the rights to share our music with you. Please do not continue to share the music if it is shared with you.
6. No athlete will exceed more than 2 unexcused practices. This is non-negotiable. *NO Refund
7. No athlete, parent, or family member should speak negatively about anyone in our program or at any other gym, school, or social organization in CT Hart Cheer. Please leave it outside.
8. CT Hart Cheer reserves the right to change any athletes position on their team at any time.
9. Coaches, staff, and volunteers of CT Hart Cheer are employed in other organizations/business during the workday, please be aware of their schedule outside of CT Hart Cheer employment hours.
10. No one may use the CT Hart Cheer logo or name for any clothing, novelties, or any other use unless authorized by owner Alexis Safo-Agyeman or gym manager Amber Thurston.
11. No parents/guardians, any or family/friends are allowed to enter the gym prior to 5 minutes before your athletes practice ends. You may not come early to view practice without an invitation.
12. NO athlete of CT Hart Cheer will be allowed to compete on our team if they are competing with any other all-star program. NO EXCEPTIONS! Please consult if you are on a school/youth team.
13. No jewelry is allowed in practice.
14. Athletes must wear practice gear to practice at all times.
15. No Athlete can be in the gym without a CT Hart Cheer staff member present. Fit University Star LLC is not associated with CT Hart Cheer and will not chaperone early drop offs.
16. Late pick ups without notice are considered tardy and will affect an athletes attendance.

ATTENDANCE POLICY

All athletes are required to attend ALL practices, this is not negotiable. In addition, all team members are required to attend one level appropriate class weekly, attend camp/clinic, choreography session and special event.

FULL YEAR TEAM(S): July 2020-May2021

HALF YEAR TEAM(S): December- 2020-May 2021

During these months we will be working hard in stunting and tumbling skill building. We are aware that many of our families will be going on vacation, but we ask that any athletes that will miss more than 2 weeks during July-August consider our half year team.

Absences and Late Arrival:

Each athlete receives **2 unexcused absences (Absent** to be used at your discretion) .

- **Unexcused:** family functions, extracurricular activities, school functions, non-medically noted illnesses, homework completion, and work.
- **Excused:** Medically noted illnesses and or injuries, academically graded events, and family medical or bereavement

Any athlete that arrives to practice more than 20 minutes tardy will be considered an *unexcused* absence.

Athletes who exceed 2 unexcused absences will be removed from the team or become an alternate.

*Our attendance policy is very clear and easy to follow.
All athletes need to be at practice in order to perform the routine safely, confidently, and successful.*

CT HART CHEER SOCIAL MEDIA POLICY

The following social media policy should be reviewed by all athletes and parents/guardians of CT Hart Cheer

2. Mean spirited, negative talk, personal rants, offensive language, or inappropriate comments of any forms your personal social media or any CT Hart Cheer social media regarding any athletes, coaches, staff, or other programs allowed.
3. No athlete should post inappropriate and or illegal photos in any CT Hart Cheer gear or uniform. Photos deemed inappropriate will be brought to the attention of an athletes parent/guardian and then to the owner and coaches of the athletes. Posting inappropriate photos can result in disciplinary actions and or dismissal from the program.
4. Do not post any videos of the routine on your personal social media without the permission from CT Hart Cheer. Please realize that posting the entire routine online can put us at a less of a competitive advantage.

WEEKLY COMMUNICATION

1. CT Hart Cheer emails weekly communication emails to all team members on Sunday. Please make sure to check your email regularly.
2. The Band App will also be another means of communication. Please make sure to join your team's Band within the first week of practices.
3. Please do not post any personal or controversial views or comments on our team's Band App. Anyone posting comments that violate our rules of appropriateness will be blocked from the Band App.

HEALTH

1. You must provide CT Hart Cheer with the most up to date health insurance information during our yearly registration.
2. Any athlete with serious health conditions (previous or current) should make CT Hart Cheer aware not only in written communication.
3. Any injuries obtained at CT Hart Cheer must be reported to staff members as soon as it occurs.
4. Provide a written physician's note if you are unable to participate, including the duration of time that your participation is limited.
5. Any athlete that visited a medical physician for an illness or injury sustained in or outside CT Hart Cheer must submit a note from a medical professional clearing them to participate. Athletes will not be allowed to compete in any performances or competitions without attending one practice after they are medically cleared. This gives CT Hart Cheer staff the assurance that athletes are safely able to return to compete. Please note that in the case of injury and illnesses CT Hart Cheer staff has the right to place any alternates and or crossover athletes in the missing spot to ensure the team can still The decision will be made by the coaches and the owners
6. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s attendance at the CT Hart Cheer or participation in CT Hart Cheer programming ("Claims"). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless CT Hart Cheer its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of CT Hart Cheer, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in CT Hart Cheer program.

SPORTSMANSHIP/CONDUCT

1. We lead by example. This is our pledge as a gym and we hope that all families adopt this.
2. Be respectful of all coaches, choreographers, and to one another as team members.
3. Gossip and mean spirited behavior will not be accepted. This can result in removal from the program.
4. Verbal and or physical altercations can result in removal from the program.
5. No athlete or family member can speak on behalf of CT Hart Cheer in any setting at any time.

- 6. We are one team. We will always cheer for all of our teams and other teams from other gyms.
- 7. Only coaches can discuss scores, issues, or address judges, and or competition staff.

CT Hart Cheer Program Agreement

- I understand that I am entering into the CT Hart Cheer program of my own free will, and I have thoroughly read and understand the time commitment and financial obligations associated with being a part of this full year program.
- I understand that this is an 11 month time and financial commitment. I also understand that if I fail to honor my commitment of the full 11 month season for ANY reason, there will be NO REFUND. Any uniform, accessories, camp, clinic, competition fees or general fees are to be paid in full as you have made a financial
- I understand the attendance policy and understand that ALL Practices are mandatory.
- All athletes are placed on a team , but can be moved to any other team at any time for any reason at the coaching Cheer Team. Staff's discretion.
- I understand inappropriate behavior, lying or any other form of negative behavior by a parent or child is grounds for removal from the team CT Hart
- I understand teammate/parents are expected to treat one another with mutual respect
- The CT Hart Cheer Logo may not be used without permission from the Gym Owner

I have read and understand the 2020-2021 Information Packets for CT Hart Cheer. I will refer back to this packet for information pertaining to my participation in the performance and competitive team and I agree to the terms of the 2020-2021 program.

Parent
Signature: _____

Athlete
Signature: _____

Date: _____